



Jonah Sunday School - Week 3

True Repentance

What is the literary context of Jonah 2, and how does that help us interpret it?

How does Jonah 1:17-2:1 and 2:10 help separate Jonah's psalm from the rest of the book?

How can you tell structurally that there are two sections in this psalm?

What does the Chiasm in vv 2-6 tell us about Jonah and about God?

What do vv 7-9 show us about Jonah's attitude towards God?

How does this psalm show us Jonah's True Repentance?

Jonah 2 Diagram

I called out to the LORD, out of my distress,
and he answered me;
out of **the belly of Sheol** I cried,
and you heard my voice.

For you cast me into **the deep**,
into the **heart of the seas**,
and **the flood** surrounded me;
all your **waves** and your **billows**
passed over me.

Then I said, 'I am driven away
from your sight;
yet I shall again look
upon your holy temple.'

The waters closed in over me to take my life;
the deep surrounded me;
weeds were wrapped **about my head**
at **the roots of the mountains**.

I went **down to the land**
whose bars closed upon me forever;

yet you brought up my life from the pit,
O LORD my God.

When my life was fainting away, ← (Recounting Distress)

I **remembered** the LORD,
and my **prayer** came to you, ← (Recounting Petition)
into your **holy temple**.

Those who pay regard to vain idols
forsake their hope of steadfast love.

But I with the voice of **thanksgiving** ← (Recounting Deliverance)
will **sacrifice** to you;

what I have **vowed** I will pay.
Salvation belongs to the LORD! ← (Conclusion)